



A Matter of Trust

Dear Clients, Planning Partners, and Friends of Cain, Cain & Janik,

Every year about this time, those of us who live in college towns have the same feeling. We savor those last few weeks of our quiet community, knowing it won't stay that way for long. Summer in Norman has its own special rhythm. We enjoy being able to find parking on Campus Corner, and we know we can get a seat on one of our favorite restaurant patios without much of a wait. Then August arrives.

Almost overnight, moving trucks appear, apartments fill up, and parents can be spotted pushing overloaded carts through Target and every Walmart in town. Lindsey Street gets busier, Campus Corner comes back to life, and suddenly our quiet little summer town belongs to the students again.

Truthfully, we wouldn't have it any other way.

Something is refreshing about watching another school year begin. It reminds us that every season of life brings new opportunities to learn, grow, and prepare for what's ahead.

That's really the inspiration behind this month's newsletter. While children are packing backpacks and parents are checking school supply lists, it's a good reminder that grown-ups have a few "back-to-school" assignments of our own. Some are practical. Some are financial.

And some involve making sure the people we love won't be left with unnecessary questions someday.



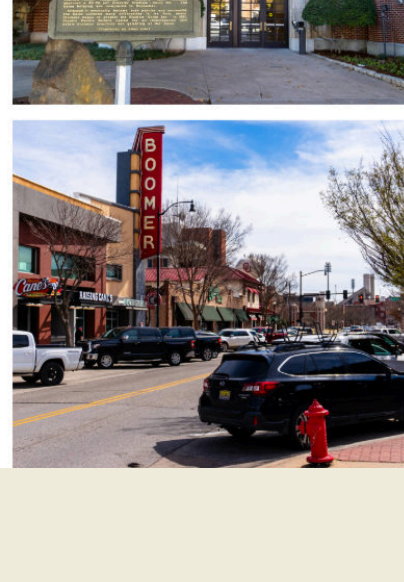
After nearly two decades of helping families through life's biggest transitions, Marty, Mitch, and I have learned that the easiest problems to solve are the ones we prepare for before they become emergencies.

So, while we're all getting used to the student traffic again, adjusting to the return of thousands of students, and counting the days until the August heat finally breaks, I hope you'll take a few minutes to enjoy this month's Back-to-School blogs. I think you'll find a few ideas worth adding to your own "grown-up" homework list.

As always, thank you for letting all of us at Cain, Cain & Janik be part of your family's story.

With care and appreciation,

Tamara Cain



Worth Passing Along

by Tamara Cain

Some things are simply meant to be shared.

Your Own First Day of School

As another school year begins, take a few minutes this week to preserve a memory that might otherwise be forgotten.

Think back to your own first days of school. What comes to mind?

- Do you remember your very first day of kindergarten or first grade?
- Did you walk to school or ride the bus?
- What did your lunchbox look like and what did it contain?
- What subject did you enjoy the most? Which one challenged you?
- What games did you play at recess?
- Who was your best friend?
- Is there one funny story from your school days that your family has never heard?
- Did your family have any first-day-of-school traditions?

The stories that feel ordinary to you are often the ones your family will treasure most. Don't let this story be lost. Pass it along.

How can you capture that memory?

- Write it in a journal;
- Ask your spouse to video you on your phone;
- Record yourself telling the story with a voice memo; or
- Better yet, gather your children or grandchildren and tell it around the dinner table.

You'll be glad you did this. Many years from now, your family will be glad you passed this along. They'll know what your childhood was like, what made you laugh, what shaped your character, and what life looked like through your eyes.



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It's Never Too Late to Go Back to School

Learn the fundamentals every family should know about protecting the people you love.

[SIGN UP Aug 13](#)

[SIGN UP Aug 27](#)

Red Book Meetings

We are dusting off the client Red Books this summer and over the next few months. These updates ensure that our clients' plans remain current as their lives evolve. We look forward to seeing our even-year clients over the next few months. If you are an even-year client and have not scheduled your signing date or need more information, please give us a call.



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Thank You for Your Referrals

A heartfelt thank you to our amazing network—attorneys, advisors, clients, and friends who have trusted us with referrals. Your confidence means everything to us and helps families build stronger legacies.

"We get our best people from our best people."

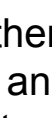
– Marty Cain

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Whether you're ready to start your estate planning or you have an out-of-date plan and want to start fresh, we're here to support you and your family. Contact us anytime.

Your Estate Planners For Life,

Tamara, Marty, & Mitch

Trust* (n.) **1.** Assured reliance on the character, ability, strength, or truth of someone or something; **2.** One in which confidence is placed; **3.** A fiduciary relationship.



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