



A Matter of Trust

Dear Clients, Planning Partners, and Friends of Cain, Cain & Janik,

There's something wonderful about a fresh start. January gives us one when the calendar turns, but I've always thought August gives us another.

Maybe it's because I spent so many years in school myself, but the beginning of a new school year still feels like a new beginning to me. New routines. New goals. A chance to get organized, buckle down, and tackle the months ahead. There's just something about school buses, sharpened pencils, and little backpacks that says, "Here we go again!"

This week, that feeling is especially real around our office.

My law partner, Mitch Janik, and his family are living the excitement and the chaos of back-to-school season. His wife, Katie, is a library media specialist at Millwood High School, so she's already back preparing for another school year. Meanwhile, they're getting their son, Carson, ready for a milestone of his own: his very first day of first grade.

If you've ever raised children, you know what that means. New schedules, school supplies, lunchboxes, bedtime routines, and a few butterflies for everyone involved.

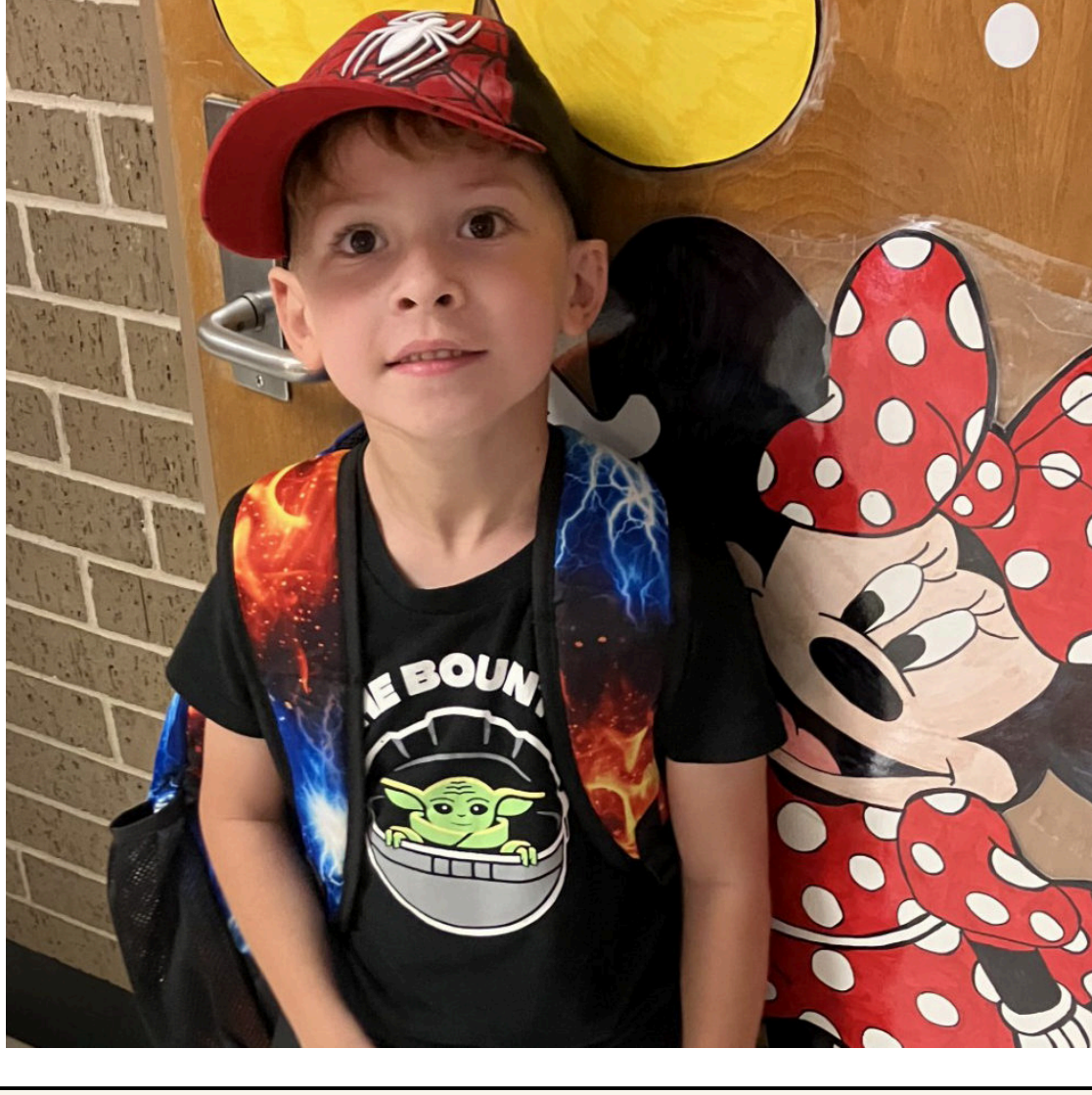


Watching Mitch balance family life with caring for our clients is a good reminder that life is always changing. Children grow up, families change, and before we know it, we're entering another season of life. That's why we "do what we do" at Cain, Cain & Janik. That's also what good estate planning is about. It's about being prepared for family changes and making things a little easier for the people we love.

These years pass quickly. Before long, those first-day-of-school pictures become treasured family memories. The plans you put in place today become the support system your family relies on tomorrow.

So, as another school year begins, maybe we can all borrow a little of that back-to-school magic. A fresh start doesn't have to wait for January. Sometimes it arrives in August, with a new backpack, a new routine, and the feeling that something good is just beginning.

With care and appreciation,
Tamara Cain



Worth Passing Along

by Tamara Cain

Some things are meant to be shared.

"The days are long, but the years are short."

by Gretchen Rubin

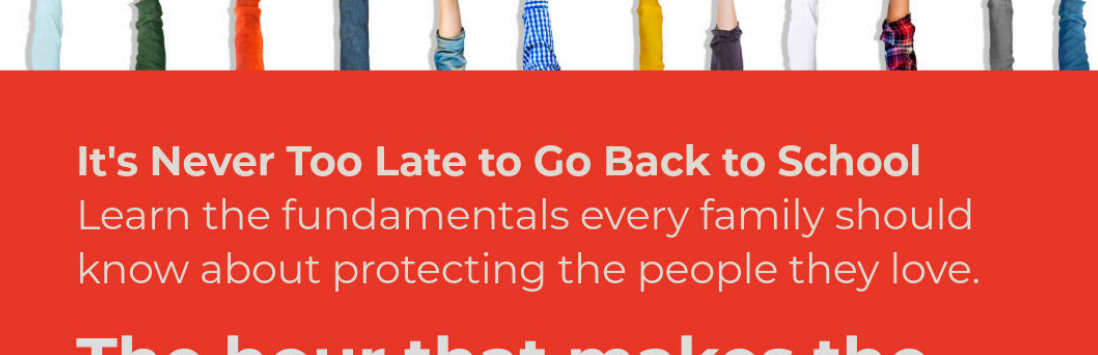
I know this applies to raising children, but I think it also describes almost every season of our lives that feels ordinary while we're living it, but precious once it has passed.

Marriages mature. Children grow up. Parents grow older. Careers evolve. Families welcome new generations and say goodbye to others. I think one of the strangest things about life is that we rarely recognize a season while we're living it. We only recognize it once it has passed.*

*Maybe the lesson here is to try to notice the season we're in while we're still in it. Appreciate the people, the routines, and even some of the ordinary days we're tempted to hurry through. Because one day, we may look back and realize those ordinary days were pretty special after all.

Fondly,
Tamara Cain

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It's Never Too Late to Go Back to School
Learn the fundamentals every family should know about protecting the people they love.

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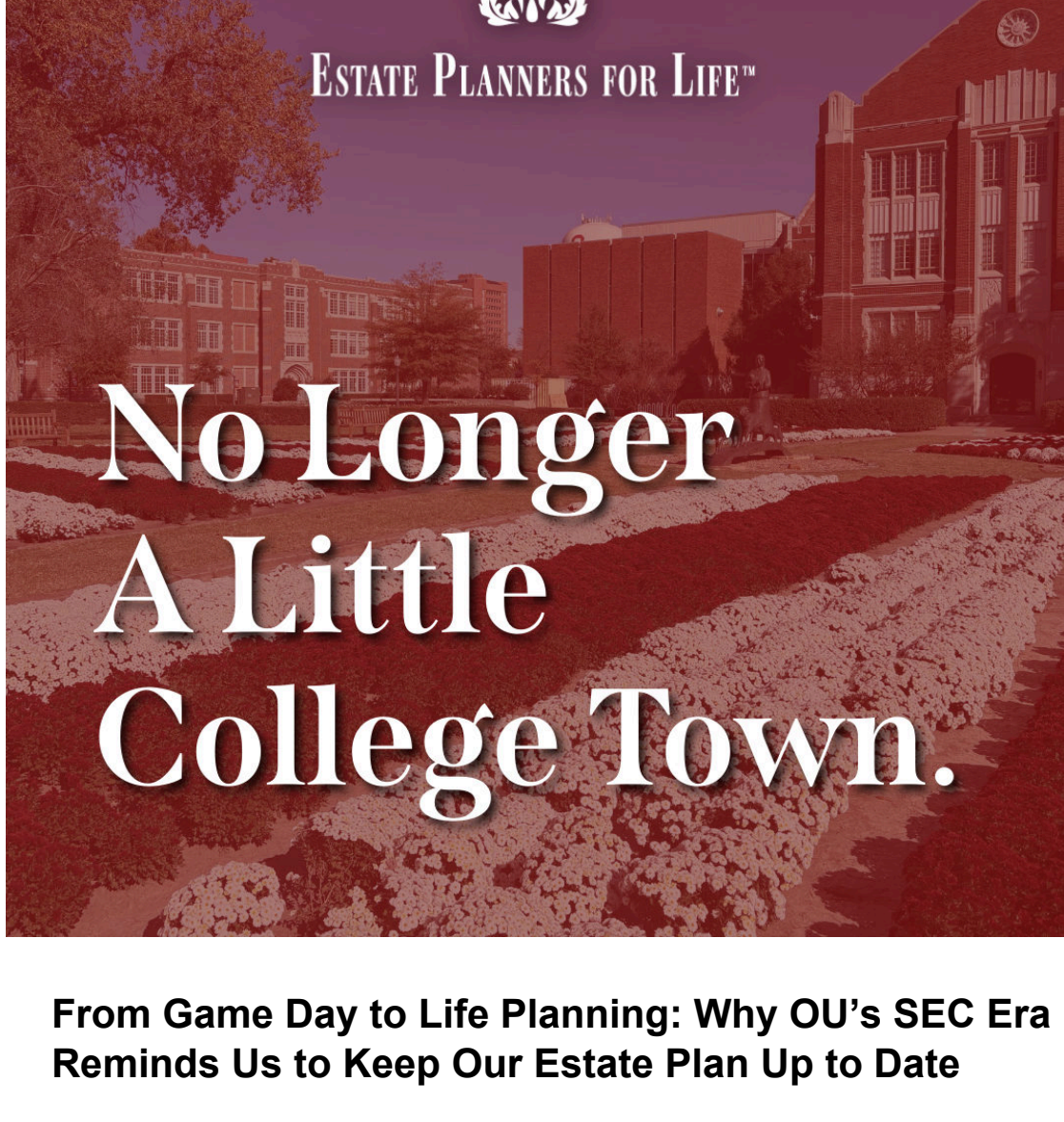
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[SIGN UP TODAY for September 10](#)

[SIGN UP NOW for September 24](#)

Red Book Meetings

We are dusting off the client Red Books this summer and over the next few months. These updates ensure that our clients' plans remain current as their lives evolve. We look forward to seeing our even-year clients over the next few months. If you are an even-year client and have not scheduled your signing date or need more information, please give us a call.



From Game Day to Life Planning: Why OU's SEC Era Reminds Us to Keep Our Estate Plan Up to Date

If you've lived in Norman for very long, you've probably noticed things feel a little different these days.

With OU joining the SEC, our city is stepping onto a much bigger stage. Game days are bigger. The spotlight is brighter. There's more excitement, more visitors, and a growing sense that Norman is changing right alongside the university.

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"We continue to experience fantastic professionalism and stewardship from the team at Cain, Cain, & Janik. Highly recommend their life-enhancing products and services."

- JP

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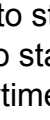
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Thank You for Your Referrals

A heartfelt thank you to our amazing network—attorneys, advisors, clients, and friends who have trusted us with referrals. Your confidence means everything to us and helps families build stronger legacies.

"We get our best people from our best people."

- Marty Cain



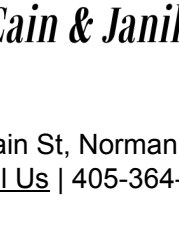
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Whether you're already an Estate Planners for Life member, you're ready to start your estate planning, or you have an out-of-date plan and want to start fresh, we're here to support you and your family. Contact us anytime.

Trust* (n.) **1.** Assured reliance on the character, ability, strength, or truth of someone or something; **2.** One in which confidence is placed; **3.** A fiduciary relationship.



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