



A Matter of Trust

Celebrating the Fourth of July

Over the years, I have come to realize that some of life's greatest treasures are found in the traditions we repeat year after year.

For our family, the Fourth of July has never been just about the Watonga fireworks display, as fabulous as it is. It's about gathering together. It's about slowing down long enough to enjoy a meal, tell a few stories, laugh about old memories, and spend time with the people who matter most.

Like many families, we have our traditions. Marty is usually outside tending the old-fashioned smoker (not the electric kind, heaven forbid), while the family and friends gather on the front porch or play horseshoes or cornhole nearby. Before long, the table fills with familiar dishes everyone looks forward to each year. My family's favorite is "my take" on baked beans. What makes it special is the memories attached to it.

As an estate planning attorney, I spend much of my time helping families pass along their assets, values, and wishes. Yet some of the things we cherish most cannot be found in a trust, a will, or a bank account. They are found in family recipes written in a grandmother's handwriting, holiday traditions that bring everyone together, and the stories shared around a backyard table on a summer evening.



This 250th Independence Day, I hope you enjoy good food, good company, and a moment to appreciate the traditions that make your family uniquely yours. Those are often the memories that last the longest.

With care and appreciation,

Tamara Cain

Tammy's Summer Celebration Baked Beans

Every family has that one dish that seems to appear at every cookout or backyard gathering. At the Cain house, these baked beans have become that tradition.

They pair perfectly with whatever Marty has on the smoker. They're rich, smoky, and a bit sweet, almost tropical, because of one unexpected ingredient: crushed pineapple.

It may sound unusual but trust me, it works!

Ingredients

5 slices cooked and crumbled bacon

- 2 tablespoons of yellow mustard
- 1 cup of your favorite BBQ sauce
- 1/2 cup molasses
- 1 (20 oz) can drained crushed pineapple
- 6 (16 oz) cans baked beans (I drain about 4 of the cans)
- Small can crushed French fried onions (for topping)
- Freshly ground pepper and a little salt (if needed)



Directions

Preheat oven to 350°F. In large bowl, mix together mustard, beans, pineapple, molasses, BBQ sauce, and bacon.

Add some ground pepper and a little salt to taste. Pour beans in 9x13" casserole dish and sprinkle crushed onions on top.

Cook in the oven for one hour or until beans are bubbly and the crushed fried onions are nicely browned. Serve warm.

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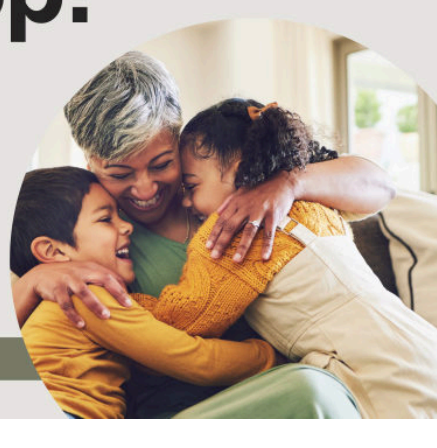
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Red Book Meetings

We are dusting off the client Red Books this summer and over the next few months. These updates ensure that our clients' plans remain current as their lives evolve. We look forward to seeing our even-year clients over the next few months. If you are an even-year client and have not scheduled your signing date or need more information, please give us a call.

Thank You for Your Referrals

A heartfelt thank you to our amazing network—attorneys, advisors, clients, and friends who have trusted us with referrals. Your confidence means everything to us and helps families build stronger legacies.

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– Marty Cain

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Whether you're ready to start your estate planning or you have an out-of-date plan and want to start fresh, we're here to support you and your family. Contact us anytime.

Your Estate Planners For Life,

Tamara, Marty, & Mitch

Trust* (n.) **1.** Assured reliance on the character, ability, strength, or truth of someone or something; **2.** One in which confidence is placed; **3.** A fiduciary relationship.



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