



A Matter of Trust

Dear Clients, Planning Partners, and Friends of Cain, Cain & Janik,

If you're looking for Marty in the summer and he's not in the office, there's one place you're likely to find him. We live across the street from the Trails Golf Club, but it won't be on the golf course. He'll be in our backyard checking on his tomatoes.

To call it a garden almost seems unfair. Our backyard isn't all that large, but somehow Marty has turned one corner of it into what I affectionately call his urban tomato farm. His love of gardening runs deep. His grandparents always had a garden; his dad did too, and now Marty is even grooming our son, Stephen, to carry on the tomato-farming tradition.

Every spring, Marty and his mom coordinate delivery to Norman of the special variety of tomato plants that the family gets near Anadarko. Then the real work begins. He studies the soil, reads everything he can find, and tends those plants with remarkable care. The result is a harvest that amazes me year after year.

But if you ask me, the tomatoes aren't really the point.

The point is sharing them.



Every summer, our neighbors, family, friends, and even my dad and several of our clients at Sooner Station look forward to Marty's deliveries. I jokingly call it his "tomato ministry." I think seeing someone enjoy that first homegrown tomato of the season brings him almost as much satisfaction as growing it.

I hope you're finding time this summer to enjoy whatever brings you peace—whether it's a garden, a porch swing, a family barbecue, or simply sharing a fresh tomato with someone you love.

With care and appreciation,

Tamara Cain



Worth Passing Along

by Tamara Cain

Some things are simply meant to be shared.

Some of my favorite foods are the simple foods of summer. Give me a plate of sliced homegrown tomatoes with salt and pepper, fried okra, or a big slice of watermelon, and I'm a happy girl. What are your favorite summertime foods?

With the first tomatoes of the season, my mom always made what she called "Open-Faced Sandwiches." Picture this: a slice of Wonder Bread, one of those individually wrapped slices of American cheese, thick slices of fresh tomato (she took the time to peel the tomatoes) sprinkled with salt and pepper, topped with already-fried bacon, and slipped under the broiler until the cheese bubbled.

To my twelve-year-old self, it was perfection. I was convinced that the recipe simply could not be improved.

Then Marty got involved.

He traded the Wonder Bread for Homeland's Tuscan bread, toasted it under the broiler first, and added just a sprinkle of garlic powder along with the salt and pepper. It was a definite improvement.

But then we got a little too fancy. We tried cheddar. We tried Monterey Jack. We even tried jalapeño and Monterey Jack. Nope. As it turns out, those individually wrapped slices of American cheese were the undisputed champion all along. I guess that's why they call it "processed" cheese—it melts like nothing else. And frankly, I don't want to know the science behind that.

That is what summer means at our house: ripe homegrown tomatoes, "open-faced sandwiches," and good memories. Some family recipes don't need to be reinvented; they just need to be tweaked.

I think my mom would approve.



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"We get our best people from our best people."

- Marty Cain

"Amazing help and guidance - Cain, Cain & Janik were a blessing to our family!"

- Julie

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Your Estate Planners For Life,

Tamara, Marty, & Mitch

Trust* (n.) **1.** Assured reliance on the character, ability, strength, or truth of someone or something; **2.** One in which confidence is placed; **3.** A fiduciary relationship.



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