



My mom once gifted us Waterford flutes, each engraved with a symbol...

of Happiness, Love, Health, Prosperity, and Peace. More than beautiful, they came with the quiet message of don't let time pass without honoring it.

Those flutes became part of simple family traditions, quiet evenings, good meals, and moments to raise a glass and reflect. When we take time to reflect, we discuss how we want to live and what we want to carry forward. Intentions are the most practical form of planning—they bridge where we've been and who we're becoming.

That idea shows up in estate planning. Many clients focus on documents like wills, trusts, powers of attorney, and beneficiary designations. These matter. They give clarity, protection, and peace of mind, but what families regularly struggle with is the context. The stories and values behind our decisions. We help clients organize both material and nonmaterial wealth. The stories, the "why," the moments that shaped a life.



I invite you to borrow this practice and make it your own. It might be a beloved mug, a quiet conversation, or a few lines written down so they aren't forgotten. Make a small ceremony of it. Raise a glass—literal or not—and toast to happiness, love, health, prosperity, and peace.

Here's to the times that count, and to Mom.

With care and appreciation,

Tamara Cain

Upcoming Events

Top Ten Reasons Estate Plans Fail Workshop
(and how to fix them)

1:00 pm & 6:00 pm

Register for OKC:
March 26

Register for Norman:
April 2

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When people hear the term "estate planning," they often assume it's something reserved for the ultra-wealthy. But here's the truth. Everyone has an estate. Your home, your savings, your business, your retirement accounts, even your favorite collection of tools or heirloom recipes. If you plan to pass it on, you've got an estate to plan.



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Let's face it, no one wakes up excited to create a will. Between work, family, and the constant buzz of daily life, it's no surprise that only 24% of Americans have a will in 2025. That number has dropped steadily from 33% just a few years ago.

Referral Spotlight

A heartfelt thank you to our amazing network—attorneys, advisors, clients, and friends who have trusted us with referrals this quarter. Your confidence means everything to us and helps families build stronger legacies. A special shout-out to:

"We would recommend Cain and Cain to anyone wanting to find out about estate planning. They are very thorough and explain everything so the average person can understand it. Everyone is very knowledgeable and treats people with respect and friendliness."

- Gilbert & Gayle



★ Sarah

★ Diana

★ Debbie

★ Randy



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When you're ready to start your estate planning or need to update it, we're here to support you and your family. Feel free to contact us at any time.

*Your Estate Planners For Life,
Tamara, Marty, & Mitch*

Trust* (n.) **1.** Assured reliance on the character, ability, strength, or truth of someone or something; **2.** One in which confidence is placed; **3.** A fiduciary relationship in which legal title to someone's property or money is held by another person or entity for the benefit of a third party, usually for a set period of time; a property interest held by one person for the benefit of another



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